My Operation

Peyton Manning
Children's Hospital
St. Vincent

THE SP R I T O F C A R I N G ® . . . F O R K I D S
Visiting the hospital to have surgery can be a scary time.

Watch us as we make a trip to Peyton Manning Children’s Hospital at St.Vincent to have surgery.
Today is the day I am having surgery. My mom tells me I need to get up early. I wake Fluffy up early too because mom says he can come with me. Because I am having surgery, I can’t have breakfast this morning like normal, so I get myself dressed, brush my teeth and I’m ready to go to the hospital.
When my mom and I get to the hospital, we check in with the receptionist. She asks us some questions and shows us where to wait.
We wait in the special children’s area. I get to play with some fun toys in the waiting room. My mom plays with me too.
My mom and I follow my nurse to a room where I put on hospital pajamas and slipper socks. The nurse puts an arm band on me. It has my name on it. She also checks my blood pressure, temperature and pulse. She is nice.
My surgeon comes to see me. The surgeon is the doctor who will do the surgery. She tells me what she will be doing in surgery while I am sleeping. She says that she will take very good care of me.
The doctors and nurses also wear funny hats and masks. She shows me what she looks like with her mask on. I think she looks silly. I get to wear a funny hat too.

The doctors and nurses also wear special clothes called “scrubs” to keep the operating room clean and prevent germs.
After the surgeon leaves, I meet the anesthesiologist. She is the doctor who will give me the medicine to make me sleepy. I call her the “sleepy” doctor. She tells me that while I am sleeping the surgeon will do the surgery and I won’t feel anything.

It is time to have my surgery and I walk to the operating room with my nurse. I hold her hand because I feel a little scared.
This is a picture of a real operating room. It has big bright lights as well as special machines that help keep you asleep while the surgery takes place. These machines also keep track of your breathing, blood pressure and the oxygen level in your blood.
When I get to the operating room, I remember the “sleepy” doctor. She asks me what smell I want the sleeping medicine to smell like — cherry, strawberry or bubble gum. I pick bubble gum. I breathe in the sleeping medicine through a mask. The mask is soft and doesn’t hurt.
Once I am asleep the doctors and nurses prepare me for surgery. They take very good care of me.
I wake up in the recovery room. I feel tired. My nurse carefully watches over me and checks my breathing, blood pressure and oxygen level in my blood.
My nurse also checks my IV. The IV is a tiny plastic tube that gives my body special medicine and liquid during my surgery. Before I leave the hospital, my nurse takes my IV out. It feels just like taking off a bandage. It doesn’t hurt!
They move me back into the room where my dad is waiting. I am very happy to see him. My nurse checks my bandage and gives me some juice to drink. It tastes good.
The spot where I had my surgery is covered. I tell my dad and my nurse that it is sore. My nurse gives me some pain medicine to help the pain go away. I feel better a little while after I take the medicine.
When it is time to go home I get to choose if I want a ride in a wheelchair or a wagon. I choose the wagon! I am happy to be going home.
When I got home I rested for a few days. Now I am playing just like I did before my surgery.
Color in the place where these things go:

- Slipper Socks
- Bandage
- IV
- Gown
- Hat
- Mask
- Blood Pressure Cuff
- Armband

Color in where you are having your surgery.
Helpful Tips to Prepare Your Child for Surgery

- If appropriate, arrange for your child to attend the Pre-operative Tour.

- Explain the surgery in a simple, matter-of-fact way.

- Allow your child to work through feelings or fears through play with toys.

- Allow your child to bring a favorite toy, or pictures of family or of friends to the hospital.

- Present the positive aspects of surgery.

- Present information in small doses with repetition.

For information about the Peyton Manning Children’s Hospital at St.Vincent Pediatric Pre-operative Tour, please call (317) 338-3582 or visit our website at peytonmanning.stvincent.org
What is Child Life?
As professionals with special training in child development, the Child Life Specialist works with other members of the health care team to provide social, emotional and developmental support during illness and hospitalization.

Some services Child Life provides:

- Pre-Operative Tour
- Medical Play/Medical Education
- Procedural Support
- Group Activities
- Bedside Activities
- Special Events
- Sibling Support Group

What is Pet Ministry?
Our Pet Ministry is here to soothe you. The St. Vincent Pet Ministry believes in a complete recovery by promoting the health of the body, mind and spirit. We will provide a continuum of care for you throughout your stay by reducing stress and pain, while also providing the companionship and energy that may shorten your stay at Peyton Manning Children’s Hospital at St. Vincent. Let our “little friends” become your “little friends.”
The Spirit of Caring is alive at St. Vincent, represented by the three doves of our logo, flying proudly in an integrated formation, depicting the three aspects of holistic healing — body, mind and spirit. We strive to deliver to our patients and families extraordinary patient care every day, with the three doves as our guiding symbol.

As a member of Ascension Health and St. Vincent, we are called to:

**Service of the Poor**
Generosity of spirit, especially for persons most in need.

**Reverence**
Respect and compassion for the dignity and diversity of life.

**Integrity**
Inspiring trust through personal leadership.

**Wisdom**
Integrating excellence and stewardship.

**Creativity**
Courageous innovation.

**Dedication**
Affirming the hope and joy of our ministry.