



01E PATIENT CARE INSTRUCTIONS

Peyton Manning Children's Hospital



at  St. Vincent

PEDIATRIC SEDATION DISCHARGE INSTRUCTIONS

Patient ID _____

Today your child had a: _____

He/She received the following medicine for sedation: _____

Going Home from the Hospital:

1. Please be aware that your child is at risk for breathing problems if his/her head falls forward while secured in a car seat.
2. Your child may not be able to walk steadily, so we require that you carry your child or use a wheelchair or wagon to the car or around the hospital.
3. Your child may be unsteady when walking or crawling and will need support to protect him/her from injury. An adult must be with the child at all times until the child has returned to his/her usual state of alertness and coordination.
4. Allow young children to play only on carpeted floors. Block stairs and doorways with safety gates. Remove wheeled toys or chairs.
5. Older children should rest on the floor or a sofa in an area where an adult can watch them. Escort the child when walking (for example when getting up to go to the bathroom).
6. Your child should not perform any potentially dangerous activities, such as riding a bike, playing outside, handling sharp objects, working with tools, or climbing stairs until he/she is back to his/her usual state of alertness and coordination for at least one hour.
7. We advise you to keep your child from school or day care after the test. Your child should have returned to his/her usual state of alertness and coordination within 24 hours.

PEDIATRIC SEDATION DISCHARGE INSTRUCTIONS



01E PATIENT CARE INSTRUCTIONS

Peyton Manning Children's Hospital



at  St. Vincent

Patient ID _____

PEDIATRIC SEDATION DISCHARGE INSTRUCTIONS

Eating and Drinking Instructions:

Infants under 1 year old:

Begin by feeding juice, formula or breast milk. If your child does not vomit after 30 minutes, continue with your usual feeding routine. If your child vomits, wait one to two hours, then offer formula or breast milk again. If the child vomits a second time please contact a doctor or nurse.

Children over 1 year old:

Begin by giving clear liquids such as clear juices, water, Jello, Pedialyte, Gatorade, popsicles or clear broth. If your child does not vomit after 30 minutes, you may continue with solid foods. If your child vomits, follow the WHAT TO DO FOR VOMITING instructions.

WHAT TO DO FOR VOMITING

1. Allow the child's stomach to settle for about one hour, then offer clear liquids again.
2. Do not force the child to drink clear liquids if he/she does not feel like drinking.
3. The child should drink slowly (about 4 ounces over 30 minutes).
4. If the child vomits a second time, repeat these instructions. For continued problems with vomiting notify your doctor.
5. When your child drinks clear liquids without vomiting, wait 30 minutes, then offer solid foods or milk and continue with your child's normal eating and drinking routines.

Reasons to Call the Doctor:

1. If you are unable to arouse your child and he/she is harder to wake up than usual.
2. Excessive vomiting (see above).
3. If your child develops a rash.
4. If your child does not return to his/her normal state within 24 hours.
5. Your child seems confused or dizzy the next day.
6. If your child develops a fever.

Go to the nearest Emergency Department if:

1. Your child has difficulty breathing
2. Your child looks very pale or has blue lips.

FOR THESE OR ANY OTHER CONCERNS ABOUT YOUR CHILD'S SEDATION, PLEASE CONTACT THE ST. VINCENT PEDIATRIC EMERGENCY DEPARTMENT AT (317) 338-4366.

PEDIATRIC SEDATION DISCHARGE INSTRUCTIONS

I have received and understand the instructions in this handout and on the Medication Reconciliation Form. I have had a chance to ask questions, and have received satisfactory answers regarding instructions I did not understand.

Responsible Person's Signature: _____

Nurse's Signature: _____ Date _____ Time _____