

WOUND CARE INSTRUCTIONS

1. Oozing of small amounts of blood or clear fluid may occur in the first couple of days. This should be gently removed with peroxide and gauze. Excessive bleeding or accumulation of blood or fluid under the wound should be reported to your doctor immediately.
2. Apply a very thin coat of antibiotic ointment to the wound three times per day and after cleansing for the first three days. Avoid getting the ointment in or near the eye.
3. Some swelling and redness is expected. This should improve gradually with time. Increasing redness or swelling or foul drainage should be reported to your doctor.
4. Do not shave near the wound as the stitches may accidentally be cut causing the wound to open.
5. Avoid direct sun exposure to the wound when healed, use a sunscreen (SPF15 or greater) on the scar for 12-months.
6. If you have been given a prescription for antibiotics, begin taking them immediately (unless otherwise instructed) and take all of the medication.
7. If you have been given a prescription for pain medications, do not drive, operate machinery or make important decisions while on the medication. You make take acetaminophen (Tylenol) when you no longer require a stronger pain medication.
8. The firmness, swelling and redness or pinkness of your scar will continue to improve for up to one year. The strength of the wound will also improve but tension across it should be avoided for the first three months.
9. If an appointment has not already been made, call the office promptly to arrange removal of your stitches. It is important that they be removed at the appropriate time to help prevent an unacceptable scar.
10. If you have any questions, please call the office at the number listed above.